

## What is Direct Care and Treatment?

Direct Care and Treatment is a division of the Minnesota Department of Human Services (DHS) that delivers publicly funded residential, nonresidential, and treatment services to persons with complex needs. It provides services through state-operated programs for individuals who display complex conditions associated with mental illness, substance use disorder, developmental disabilities, traumatic brain injury, neurocognitive disorders, individuals who are committed to the Commissioner of Human Services as mentally ill and dangerous, and those who are committed as sexually dangerous persons or as having a sexual psychopathic personality.

Direct Care and Treatment provides services for clients at the Minnesota Sex Offender Program (MSOP), hospitals, treatment programs, and residential locations throughout the state, and through partial hospitalization, outpatient services, and mobile crisis teams.

## What services are available?

Direct Care and Treatment services include inpatient and community-based services for adults with mental illness, specialized treatment services for individuals committed to the Commissioner of Human Services, and services to people with disabilities, including:

- **Services for adults with mental illness.** Direct Care and Treatment provides inpatient psychiatric services to adults at community behavioral health hospitals located throughout the state and at the Anoka Metro Regional Treatment Center. Residential, partial hospitalization, and outpatient services are also provided to adult mental health clients. These services are delivered in partnership with counties and community service providers.
- **Services for persons committed as Mentally Ill and Dangerous.** Direct Care and Treatment operates the **Minnesota Security Hospital (MSH)** in St. Peter, a secure treatment facility that provides treatment for adults and adolescents admitted under court orders for assessment and treatment of major mental disorders. MSH also operates transition services, and a forensic nursing home for persons in need of nursing home care and who are committed as mentally ill and dangerous, sexually dangerous persons, or as having a sexual psychopathic personality, or who are on medical release from the Department of Corrections.
- **Services for adults who pose a risk to public safety.** Direct Care and Treatment operates **Minnesota Specialty Health Systems** in residential community settings, in Brainerd, St. Paul, Wadena, and Willmar. The program provides intensive treatment to adults with complex needs and co-occurring disorders and identifies support services that will permit clients to live in a less structured setting.
  - **Minnesota Life Bridge Program.** The Minnesota Life Bridge Program provides short-term residential treatment and transition planning for individuals with developmental disabilities, and often co-occurring mental health or substance use disorder diagnoses, whose behaviors present a risk to public safety. The program provides services in four homes (community residential settings) throughout the state.

- **Competency Restoration Services.** Competency Restoration Services provides treatment and evaluation for individuals committed for competency restoration in criminal court with the goal of restoring individuals' capacity to participate in their criminal case or trial. Services are provided in St. Peter.
- **Minnesota Sex Offender Program.** MSOP provides inpatient services and treatment for individuals who are committed by the court as having a sexual psychopathic personality or as sexually dangerous persons. Facilities are located in St. Peter on the grounds of the Minnesota Security Hospital and in Moose Lake.
- **Chemical Addiction Recovery Enterprise (CARE).** CARE provides inpatient and outpatient treatment to persons with substance use disorders. CARE operates these programs in Anoka, Brainerd, Carlton, Fergus Falls, St. Peter, and Willmar, with some locations providing specialized care for certain populations.
- **Community Dental Clinics.** Five community dental clinics provide dental services to people with developmental disabilities, severe mental illness, or traumatic brain injury who would otherwise be unable to receive care from community providers. Clinics are located in Brainerd, Cambridge, Faribault, Fergus Falls, and Willmar.
- **Child and Adolescent Behavioral Health Services (CABHS).** CABHS provides acute inpatient psychiatric hospital services in Willmar for children and adolescents who need crisis stabilization, comprehensive assessment, and intensive treatment for complex mental illness and behavior disorders.
- **Minnesota Intensive Therapeutic Homes (MITH).** MITH provides services for children and adolescents with severe emotional disturbance and serious acting out behaviors, in the context of a family foster setting. Foster parents providing services are experienced, trained, and licensed, and cooperate with a comprehensive treatment team.
- **Minnesota State-Operated Community Services (MSOCS).**
  - **Residential services for individuals with developmental disabilities or acquired brain injury.** MSOCS provides residential support services to people with disabilities in state-owned or state-leased homes, licensed foster care settings, or in the person's own home. MSOCS also provides short-term crisis stabilization services.
  - **Day training and habilitation (DT&H) vocational services for individuals with developmental disabilities or acquired brain injury.** DT&H programs provide vocational training and support services to persons through a licensed work site or supported work site with job coaches.
- **Community support services.** Mobile teams throughout the state provide individualized, community-based clinical consultation and assistance to individuals with complex conditions, in order to assist with community living.

## How are services funded?

To assure the availability of services for clients in need, some services are funded prospectively through a general fund appropriation. DHS also seeks reimbursement for these "appropriated" services from Medicare, Medical Assistance, private insurance, clients' personal funds, and other revenue sources, if available. Other services are funded through revenues collected from a variety of third-party payment sources, including private health insurance, Medical Assistance, counties, and other revenue sources available to clients.



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