

# MINNESOTA SCHOOL PERSONNEL MENTAL HEALTH TRAINING INITIATIVE

## Ratings

**99%**

rated it as Excellent, Very Good, or Good

99% At-Risk Elementary  
98% At-Risk Middle  
99% At-Risk High

**95%**

said it was based on scenarios relevant to their experience

93% At-Risk Elementary  
96% At-Risk Middle  
96% At-Risk High

**95%**

would recommend it to others

95% At-Risk Elementary  
95% At-Risk Middle  
95% At-Risk High

## Quote

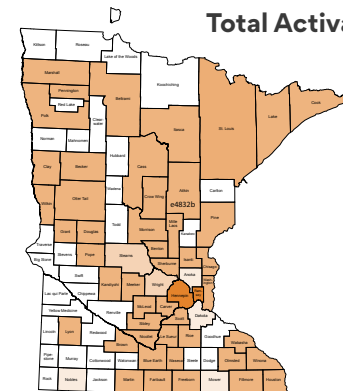
**Q.** Because of the pandemic people need to live and learn at home which can add to their levels of stress. Although not the intended purpose of this training, please comment as to whether you think the skills learned can help someone deal with the stress of the pandemic in the home and why?

**A.** Absolutely! This past spring I had a student who was great in person and never missed a day. After missing multiple days of distance learning assignments, I emailed him with no response. He eventually contacted back through email and said he was too stressed out taking care of his siblings to worry about school and was going to give up. I was able to talk with him and direct him to our counselor and the rest of the distance learning, he was spot on. Like the video said at the end, "it only takes one kid to connect with to make a difference."

## Usage & Staff Completion

**3,651**

Total Activations to Date



- — 42.32%
- — 11.58%
- — 9.92%
- — 8.86%

### Top 5 Districts

- 1 North St. Paul-Maplewood Oakdale ..... 19.67%
- 2 Minnesota Charter School Group ..... 16.17%
- 3 Intermediate District 287 ..... 8.51%
- 4 Robbinsdale Public School District ..... 7.83%
- 5 St. Cloud Public School District ..... 4.99%