



## **Headway Emotional Health Services**

Since 1970, Headway Emotional Health Services has provided essential emotional health services to children, families, and individuals in the Twin Cities and surrounding areas. Our mission is to help you, your children, and your family back on the path toward emotionally healthy lives. We know what we're doing: with more than 40 years in operation, our 140-plus staff members in Richfield, Brooklyn Center, and Hopkins provide comprehensive mental health therapy and classes to more than 13,000 families each year.

### **Day Treatment: Filling the Care Gap**

We are focused on rehabilitation that lasts a lifetime. Our goal is for students to leave our program emotionally strong, with high self-esteem and the resilience needed to cope with normal social expectations of a mainstream school environment. We work with students whose mental and emotional health challenges have led to multiple failures in a mainstream educational setting. Our program works with seventh through 12<sup>th</sup> graders who are inward-acting (self-injurious, depressive, self-isolating, truant, PTSD, etc.) rather than outward-acting (bullying, aggressive towards others, etc.).



Our students come to Headway from two types of experiences: failed mainstream schooling, and ineffective therapy interventions, with the goal of intervening and preventing more serious issues that result in hospital or out of home placement. Other students come from hospital or out of home placements where our programming allows for them to live at home while continuing the progress towards emotional health. All students receive family therapy as part of our services.

## Where Do Our Students Come From?

In June and July 2023, Headway paid for one or more students to be transported from the following communities to Day Treatment at Brooklyn Center:

Andover, Anoka, Blaine, Coon Rapids, Crystal, Maple Grove, Minneapolis, New Brighton, Robbinsdale, Saint Michael, Wayzata.



Additionally, during this time period, Headway paid transportation from the following communities to Day Treatment in Hopkins:

Bloomington, Eden Prairie, Excelsior, Hopkins, Minneapolis, Minnetonka, New Hope, Plymouth, Prior Lake, Richfield, St. Louis Park, St. Paul.

With the ride service used, Headway pays \$2.50 per mile for transportation.

## Funding Request

Headway Emotional Health Services requests a \$600,000 appropriation for fiscal years 2024 and 2025 to support transportation, food services, technology, and out-of-classroom experiential learning for students on non-educational service dates.

## Contact Information

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