

# HEAR FROM THE YOUTH!

Quotes from our survey of youth ages 13-24 across MN about their experiences with the sexual health education they received in their schools.

## WHAT I WISH I WOULD HAVE LEARNED

"I would have appreciated more of an openness to the concept of sexual activity. If the school is unable to provide this necessary education to its students due to religious beliefs, then I think the organization should recommend alternative resources for the safety and greater good of its student body"



"Anything about consent, and more about the signs of abuse that may not be immediately obvious"



"Homosexual sex, consent, female orgasm, that it should feel good, and way more about birth control"



Relationships, pleasure, body positivity



"More about HIV/AIDS prevention, safer sex practices for people of all genders, mindfulness to help students identify when they feel comfortable/uncomfortable so that they can recognize their own needs, rape culture on college campuses and athletic teams"

## WHAT I WOULD TELL DECISION-MAKERS

"Sex is not wrong and we should not be made to feel that it's wrong. Sex is about more than preventing pregnancy and STIs"



"Talk about sexual and gender identities, consent, healthy relationships, pleasure, and destigmatize STIs"



"Please hire someone who is knowledgeable on this topic and not just have gym teachers do it"



"We need to stop focusing education on why not to have sex and making it bad, need to make it safer because people aren't going to stop having sex"



"To use data and scientific evidence seriously. Many public research universities also offer more detailed sex education/pleasure classes that should be modeled at younger ages. Learning about consent should start in kindergarten and be adjusted for age appropriate groups. Other please besides pleasure for cis men exists and we should learn about and feel validated"