**Heather Weininger**

# **Health Finance and Policy**

**HF1930**

**Thursday, January 25, 2024**

# 

# Thank you Chairwoman Liebling, and members of the House Committee on Health Finance and Policy for your time today.

I write to you today to share my opposition to HF1930. I will share with you why through my own personal experience.

I would have gladly asked for assisted suicide as a college student had it been

available for my anorexia.   As I sought not to nourish my body, my mind was also

not being fed and I experienced severe depression.  I told my sister I wanted my

life to be over.   Thankfully, my family immediately sought treatment.

I am distraught to learn that assisted suicide drugs were offered to patients in

Colorado and Oregon.   Anorexia is not a death sentence – I am living proof of

this.   Mental illness cannot be a reason for handing death to an individual so

easily.   I would not be the happy, thriving person I am today if it were.   My

advocates sought care, sought life and I am so grateful for the outcome.

Now that anorexia is added to the list of reasons to hand out lethal drugs, I

wonder how many other Heathers are out there who will ask for assisted suicide

and not have a full life ahead of them.  I urge you to vote against HF 1930.