



2021 YIP Outcome Summary Report

Much the same as last year, the COVID-19 pandemic continued to adversely affect the ability of YIP grantee Youth Intervention programs to deliver in-person programming at pre-pandemic levels. But given lessons learned by trial-and-error navigation through all the challenges and hurdles the pandemic presented in 2019 and continuing through 2020, it was encouraging to hear the positive optimism of YIP grantees throughout the year. Without a doubt, they continued to do everything in their power to adapt and adjust in order to ensure positive outcomes for the young people they served.

What the survey results demonstrate across all measures is that YIP Grant funding continues to make measurable differences in the lives of Minnesota's young people. Youth Intervention programs continue to provide invaluable services and bring enormous value to our communities. In fact, the need for their services will only continue to increase as the ongoing stresses of COVID present unprecedented need to address both the mental and physical wellbeing of young people and youth workers.

We are pleased to share this overall summary report with you so you can have a sense of how all YIP grant programs performed this year, collectively.

Since each program is unique and varies greatly in duration, intensity, purpose, and services offered, the Youth Intervention Programs (YIP) Outcome Survey intentionally focuses on a universal subset of 9 out of the 40 Developmental Assets®¹ identified by the Search Institute of Minnesota.

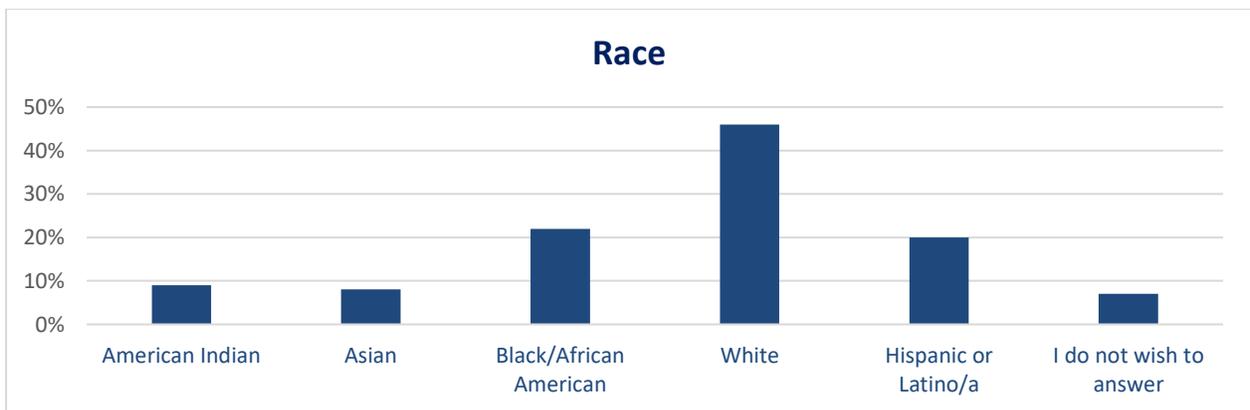
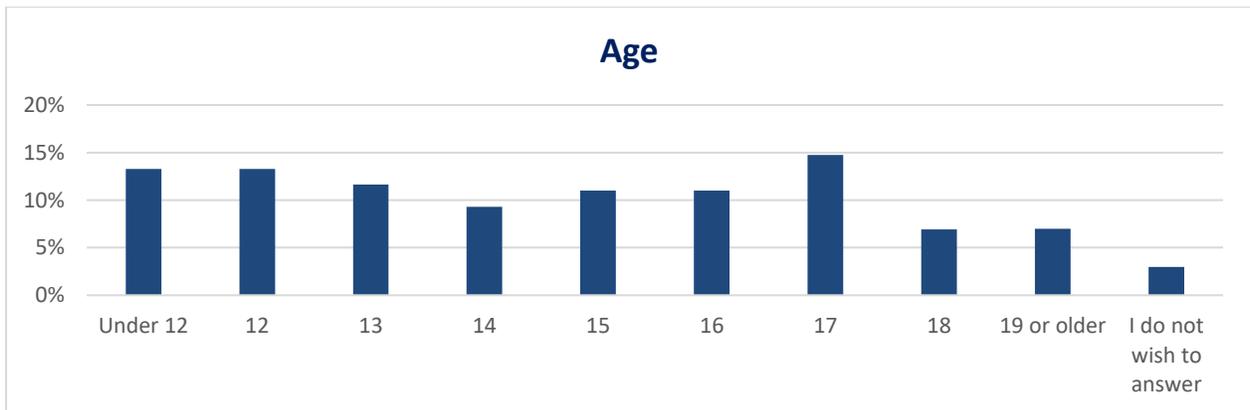
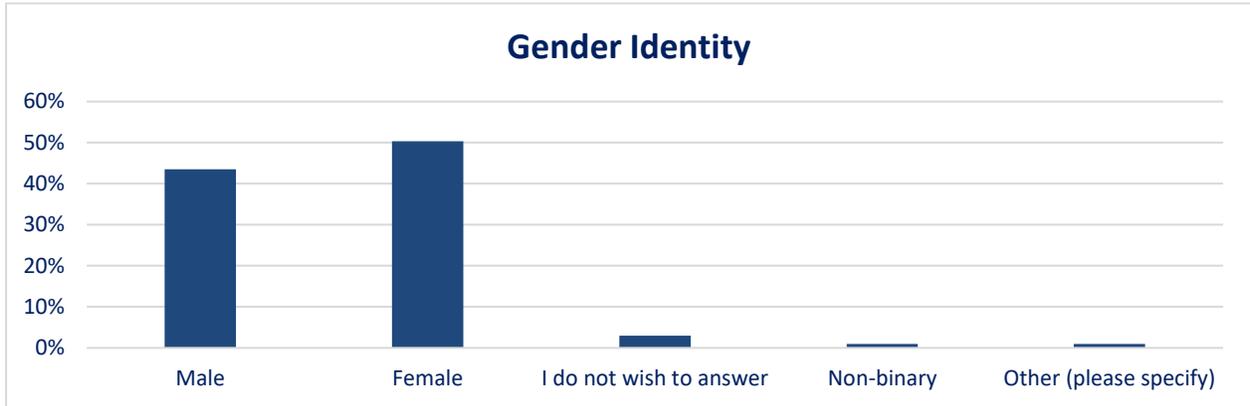
The survey collects young people's self-reported views on those protective factors. Extensive research has shown that when young people develop protective factors, also known as external supports and internal strengths, they are more likely to be prepared for success in ongoing education, career, and good citizenship. Over time, studies of more than 5 million young people consistently show that the more protective factors they have, the less likely they are to engage in a wide range of high-risk behaviors and the more likely they are to positively develop their unique skills and talents.

YIP grant funded Youth Intervention programs deliver on that objective as this report summary will demonstrate.

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Demographics

This year 2,102 young people chose to complete the YIP Outcome Survey compared to 2,025 for the previous year. The survey captures data in three key demographic categories and results are shown in the following graphs:



Outcomes

The following table indicates how program participants self-report relative to the nine protective factors that are universal across all types of Youth Intervention programs receiving YIP grant funding.

Research confirms that protective factors influence positive development which is why youth programs are intentional about increasing these factors in young people.

Program participants may change from year to year so it is not possible to show a trend in terms of these responses but it is worth noting that overall, the responses given were generally 2-4% higher than the previous year's responses. Even if the participants change, it seems the programs themselves became more effective in asset building.

Same as last year, the strongest response was for 'participation in a program helped me plan ahead and make good choices,' coming in at 67%. Always good to see these results confirm Youth Intervention program outcomes are setting young people up for success.

Total Respondents: 1,867

My involvement in this program has:	Responses
Given me positive adult role models.	64.00%
Helped me accept and take personal responsibility for my actions.	65.00%
Made me optimistic about my personal future.	54.00%
Helped me plan ahead and make good choices.	67.00%
Helped me resist negative peer pressure and dangerous situations.	51.00%
Helped me see that my life has purpose.	52.00%
Helped me be a better friend.	52.00%
Shown me that adults in my life want me to do well.	59.00%
Helped me develop friends who play a positive role in my life.	51.00%
I do not wish to answer.	11.00%

In Their Own Words

The final question on the survey offers young people the opportunity to share something about themselves that they are proud of as a result of their involvement in a Youth Intervention program. This year, a total of 1,469 young people chose to share what they were personally proud of. That was fully 70% of all survey respondents taking the extra step to name something personal.



Here is a very small sample that represents the best of what those young people are proud of because Youth Intervention programs were there for them:

- ♥ I'm proud that I'm able to communicate how I'm feeling with someone and understand that it's ok to not be ok sometimes:)
- ♥ I've been able to recognize and deal with the trauma I've gone through. I've also been learning how to set boundaries and start to heal.
- ♥ I am proud of being able to make others proud of my growth and also that I know that if I ever have any problems that I can talk to my parents about it.
- ♥ I found my voice and have confidence to use it.
- ♥ I am more comfortable in my own skin this year than any other year.
- ♥ I didn't think I needed help, but I learned that it is healthy to ask for help. I am proud of the person I have become.
- ♥ I was going down the wrong path and now I have skills and experience to right the course.
- ♥ I felt that I was finally heard, that someone was listening to me and that made me feel accepted and willing to work on family and personal relationships.
- ♥ I am more active in my community by volunteering, something I didn't do before.
- ♥ I'm proud of taking personal responsibility for my actions and my attitude.
- ♥ My mindset has shifted. I think differently and that has made a positive impact on my mental wellness.
- ♥ That there are still a lot of good people in this world that care about me and not just my mom.

Thank You

We are honored to support your success in delivering these outcomes for the young people of Minnesota. We cannot thank you enough for the dedication and determination you bring to your work. It is so heartwarming to know there are so many people like you, working every day to make the world just a bit better.

With our sincere appreciation,

Your friends at YIPA